

7 ART JOURNALING  
TRICKS FOR THE  
NON-ARTIST

**1. Gift Card Painting**

Spread any paint onto your page or canvas and spread it with a used gift card. Repeat the process with a complimentary color.

**2. Color It Old School**

Adult coloring books are all the rage right now. Pick one a book, copy a page and color it like a school girl. Fun and beautiful.

**3. Cut and Paste**

Use digital clip art or ephemera from around the house to cut up and use on your page. The possibilities for this are endless.

**4. Simple Doodles**

Can you draw a square and a triangle? Then you can do some simple doodling. Combine that with your handwriting and you get some cool art.

**5. Stamp It**

Stamps are an easy way to add design to any page. You can purchase stamps or create your own, then color them in to add interest.

**6. Create Art Digitally**

Don't panic. It's not as difficult as it sounds. There are several programs that you can use and once you've mastered it, you can create anything.

**7. Use Photography**

Printed photos can make gorgeous backgrounds. Add a little to it and you have a work of art that also serves as documentation of a memory.